



Letter from the Founder to Newbies

The decision to embark on a journey as profound as Genesis Transformation takes a certain type of courage. Many times this courage is born out of the irrefutably visible evidence of our client's successes, other times out of futility of years of dieting. Either way, I deeply respect this courage to step up to radical change.

Genesis Transformation is not a diet. It won't feel like anything you've done before. The changes in your body and mind will begin right away. You will never look at yourself the same again. We will blow all the diet rules out of the water, and you will be amazed at the health and vibrancy that you attain. Who knew you could look and feel so good?

A newbie is a person brand-new to GT – and a person full of questions! It's difficult, if not impossible, to attain what you cannot see – and newbies tend to have a distorted, negative personal view. They tend to see themselves as physically undesirable on some fundamental level. This is not what we see when we look at a newbie – we have a different perspective.

You can have it all when you start seeing perspectives you have never seen before. We will introduce you to a new outlook – one that involves you seeing you at your personal best, no matter where it is that you start. Whatever your goal is, our job is to introduce you to this new perspective of you so that you can own it. All you need is the courage to start!

How do you start? Begin by reading our entire website and getting a clear picture of the ride you are in for. Remember, GT is NOT a diet and the odds are high that this is not something you have seen before. You'll notice a lack of quick-fix promises, supplements, and flash. You WILL see solid results, sound science, and sincere people ready to help you NOW.

Transformation is a reality and it's attainable at any age. Health is your birthright, and in a confusing world what we offer you is a simple path for realizing your goals.

Have fun,

Sheri Lynn